

**2009-2010
YEAR END REPORT**



**Notre Dame Athletics
July 2010**

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Notre Dame Prep is a Catholic, college prep school committed to academic excellence and the moral foundation of its students. The athletic program is intended to reinforce the aims and goals of the academic program and is an integral part of the educational system designed to promote the physical, moral, spiritual, emotional, and social development of the individual student. As stated in the school mission, "With God...we form Christian People, Upright Citizens, and Academic Scholars."

NOTRE DAME ATHLETICS

2009



2010

ATHLETIC DEPARTMENT OVERVIEW

| | |
|-----------------------------------|---|
| Ms. Betty Wroubel, C.A.A. | Athletic Director NDP/MA Head Varsity Volleyball Coach Head Varsity Softball Coach Assistant Principal Department Chair, Health and Physical Education |
| Mr. Marty Simmonds, C.A.A. | Assistant Athletic Director NDP/MA Scheduling Coordinator NDP/MA Head Girls Golf Coach |
| Ms. Megan Thayer, C.A.A. | Assistant Athletic Director NDP/MA Physical Education Teacher (Lower Division) School Calendar Coordinator Head Girls and Boys Varsity Track Coach |
| Ms. Mary Jo Leseman | Administrative Assistant for Athletics |
| Mr. Chris Polsinelli | Certified Athletic Trainer |
| Mr. Duane Holmes | Athletic Assistant |

Department Initiatives/Advancements

- **Michigan Exemplary Athletic Program**—first private/Catholic school to receive award
- **NDP/MA Coaches Retreat**—hosted second annual retreat in August 2009 to bring together coaches from all levels for a weekend of coaching education, sharing of ideas, and camaraderie
- **MHSAA Coaches Advancement Program**—hosted levels 1-3 throughout the year
- **Student Leadership Initiative** – hosted a leadership clinic for 50 student-athletes nominated by coaches and athletic administrators which featured multiple speakers, chemical health and nutrition information, and season planning.
- **Life of an Athlete Program**—attended a three day informative conference on this comprehensive five prong approach for schools to combat chemical health, nutrition and leadership issues in school sports at the Michigan State Police Training Academy.
- **Play Like a Champion Today Educational Series**—attended a 3 day professional development conference at the University of Notre Dame about developing the whole person through sports.

2009-2010 BY THE NUMBERS

1 State Finalist Team...CHSL Individual Champion...All American Boys Lacrosse Player
 2 State Finals Team Qualifiers...MHSAA Team Regional Championships...CYO Division Championships
 3 Operation Friendship Scholar-Athletes...CHSL Championships...MHSAA District Championships
 4 NDP Dirty Dozen Award Winners (12 consecutive season)
 5 Individual Regional Champions
 6 First Team All County Athletes
 7 First Team All State Athletes...Coaches of the Year
 9 Academic All State Teams...CHSL Division Championships
 15 MHSAA State Finals Individual Qualifiers
 18 Academic All State Athletes
 24 All District Athletes
 27 All Region Athletes
 32 New School Records
 44 All Catholic Athletes

NOTRE DAME ATHLETICS

2009



2010

PARTICIPATION

- Sponsored 48 interscholastic high school athletic programs
- Sponsored 3 interscholastic high school athletic clubs (sideline cheer, dance/pom, equestrian)
- Sponsored 25 interscholastic middle school athletic programs
- Notre Dame Prep/Notre Dame Marist athletes participated in 936 contests (374 home, 562 away)
- Staffed 88 coaching positions at Notre Dame Prep and Notre Dame Marist
- 25 volunteer coaching positions at Notre Dame Prep and Notre Dame Marist
- 477 athletes in grades 9-12 participated in at least one sport/club sport (72%) (477/664 of the students enrolled at Notre Dame Prep)
- 190 athletes in grades 4-8 participated in at least one sport/club activity (78%) (190/244 of the students enrolled in grades 4-8 at Notre Dame Marist Academy Middle and Lower divisions) * This figure includes non-Marist football players who paid a fee to participate.

TOURNAMENTS HOSTED

- MHSAA Volleyball Quarterfinal (Class B and Class C)
- MHSAA Boys Basketball District
- MHSAA Boys Soccer Regional
- MHSAA Boys Lacrosse Regional
- MHSAA Girls Lacrosse Regional
- MHSAA Softball District
- MHSAA Softball Regional
- MHSAA Baseball District
- MHSAA Baseball Regional
- CHSL Volleyball Semifinals
- CHSL Boys Soccer Finals
- CHSL Boys Lacrosse Finals
- CHSL Girls Lacrosse Finals
- CYO Football Regional
- CYO Volleyball Regional/Quarterfinal
- CYO Boys Basketball Regional
- CYO Girls Basketball Regional

NOTRE DAME ATHLETICS

2008



2009

PARTICIPATION NUMBERS BY GENDER

HIGH SCHOOL

| | | |
|---|--------------------|------|
| <u>Number of Participants</u> (counts multiple sport athletes each time) | | |
| Male | 368 | 47 % |
| Female | <u>409</u> | 53 % |
| | 777 | |
| <u>Actual Number of Student Athletes</u> | | |
| Male | 233 | |
| Female | 244 | |
| <u>Two Sport Athletes</u> | | |
| Male | 94 | |
| Female | 90 | |
| <u>Three Sport Athletes</u> | | |
| Male | 20 | |
| Female | 37 | |
| <u>Number of Sports</u> | | |
| Male | 12 | |
| Female | 12 (15 with clubs) | |
| <u>Number of Teams</u> | | |
| Male | 20 | |
| Female | 22 (25 with clubs) | |
| <u>Paid Coaches</u> | | |
| Male | 39 | |
| Female | 20 | |
| <u>On Staff Coaches</u> | | |
| Male | 12 | |
| Female | 7 | |

MIDDLE SCHOOL

| | | |
|---|------------|-----|
| <u>Number of Participants</u> (counts multiple sport athletes each time) | | |
| Male | 190 * | 57% |
| Female | <u>145</u> | 43% |
| | 335 | |
| <u>Actual Number of Student Athletes</u> | | |
| Male | 104 * | |
| Female | 86 | |
| <u>Two Sport Athletes</u> | | |
| Male | 38 | |
| Female | 29 | |
| <u>Three Sport Athletes</u> | | |
| Male | 23 | |
| Female | 14 | |
| <u>Number of Sports</u> | | |
| Male | 8 | |
| Female | 8 | |
| <u>Number of Teams</u> | | |
| Male | 12 | |
| Female | 14 | |
| <u>Paid Coaches</u> | | |
| Male | 21 | |
| Female | 8 | |
| <u>On Staff Coaches</u> | | |
| Male | 4 | |
| Female | 1 | |

* Figure includes non-Marist football players who paid fee

ATHLETIC PARTICIPATION FIGURES (2008-2010)

NOTRE DAME PREPARATORY

| | MALE | | | FEMALE | | | TOTAL | | |
|--|------|------|------|--------|------|------|-------|------|------|
| | 2008 | 2009 | 2010 | 2008 | 2009 | 2010 | 2008 | 2009 | 2010 |
| Number of Participants (counts multiple sports athletes each time) | 363 | 377 | 368 | 388 | 355 | 409 | 751 | 732 | 777 |
| Actual Number of Student Athletes | 227 | 242 | 233 | 253 | 228 | 244 | 480 | 470 | 477 |
| Two Sport Athletes | 84 | 100 | 94 | 87 | 78 | 90 | 171 | 178 | 184 |
| Three Sport Athletes | 26 | 17 | 20 | 23 | 26 | 37 | 49 | 43 | 57 |
| On Staff Coaches | 8 | 10 | 12 | 9 | 11 | 7 | 17 | 21 | 19 |

MARIST ACADEMY

| | MALE | | | FEMALE | | | TOTAL | | |
|--|------|------|------|--------|------|------|-------|------|------|
| | 2008 | 2009 | 2010 | 2008 | 2009 | 2010 | 2008 | 2009 | 2010 |
| Number of Participants (counts multiple sports athletes each time) | 221 | 197 | 190 | 180 | 190 | 145 | 401 | 387 | 335 |
| Actual Number of Student Athletes | 124 | 115 | 104 | 102 | 112 | 86 | 226 | 227 | 190 |
| Two Sport Athletes | 48 | 38 | 38 | 38 | 35 | 29 | 86 | 73 | 67 |
| Three Sport Athletes | 24 | 22 | 23 | 20 | 33 | 14 | 44 | 55 | 37 |
| On Staff Coaches | 4 | 4 | 4 | 2 | 0 | 1 | 6 | 4 | 5 |

NOTRE DAME ATHLETICS

2009



2010

TEAM ACCOMPLISHMENTS

State Finalists

Boys Lacrosse



Final Four

Boys Lacrosse

Sweet Sixteen

Boys Lacrosse

Regional Champions

Girls Ski

Boys Lacrosse

District Champions

Volleyball

Boys Basketball

Softball

State Finals Qualifiers

Girls Ski (5th at state finals)

Competitive Cheer



American Volleyball Coaches Association

Team Academic Award

Volleyball

Academic All State

Volleyball (every year in school history)

Girls Basketball (#5 in Class B with 3.685)

Competitive Cheer (#1 in Division 3 with 3.73 GPA)

Hockey

Boys Ski (#1 in Division 2 with 3.77 GPA)

Girls Ski (#2 in Division 2 with 3.72 GPA)

Girls Soccer (3.64)

Softball

Girls Tennis (3.70)

CHSL Champions

Boys Lacrosse

Girls Lacrosse

Girls Tennis

CHSL Sectional Champions

Varsity Volleyball

JV Volleyball

Freshman Volleyball

JV Boys Basketball

Freshman Boys Basketball

Varsity Girls Basketball (Co-Champions)

Varsity Girls Lacrosse (Co-Champions)

Varsity Boys Lacrosse

Girls Track & Field

Tournament/Relay Champions

Girls Swim/Dive—Royal Oak Relays

Varsity Volleyball—West Bloomfield Tournament,
West Ottawa Tournament, Oxford Invite

JV Volleyball—Farmington Invite, Capac Invite

Freshman Volleyball—Airport Invite (Silver Division)

Varsity Boys Basketball—Irish Christmas Classic

JV Boys Basketball—Irish Christmas Classic

Competitive Cheer—Oakland Invite, Berkley Invite

Girls Tennis—Goodrich Tournament

Girls Track & Field—Carlson Marauder Invite

NOTRE DAME ATHLETICS

2009



2010

INDIVIDUAL ACCOMPLISHMENTS

NDP Athletes of the Year

Christopher Burns
Kara Dal Bianco

NDP Scholar-Athletes of the Year

Nicholas Hafner
Clare Lilek

NDP Dirty Dozen Award (12 consecutive seasons)

Kara Dal Bianco Nicholas Hafner
Neil Dwivedi Clare Lilek

9 seasons award (9 consecutive seasons in grades 9-11)

Jane Fountain
Desiree Kpadenou
Mary Kate Zinn

Gatorade Runner of the Year (Cross Country) Finalist

Christopher Burns

CHSL Athlete of the Year Finalist

Christopher Burns

Wendy's High School Heisman State Finalist

Christopher Burns

Wendy's High School Heisman School Winners

Christopher Burns
Alexandra Lallier

CHSL Scholar-Athlete Leader Award Winners

Ice Hockey Award Paul Barron
Girls Lacrosse Award Clare Lilek
Joe Pascuzzi Boys Track Award Christopher Burns

Detroit Free Press Scholar-Athlete

Christopher Burns

Stan Musial Polish-American Scholarship

Mike Frakes

Competitive Cheer Coaches of Michigan Scholarship

Clare Lilek

MHSAA Scholar-Athlete Award Nominees

Paul Barron
Christopher Burns
Neil Dwivedi

All American

Boys Lacrosse Thomas Sardelli
Volleyball Destiny Tolliver (Hon. Mention)

All State

| | |
|---|-------------------------------------|
| Boys Soccer | Neil Al-attar (2nd Team) |
| Volleyball | Destiny Tolliver (1st Team) |
| | Catherine Wieczorek (2nd Team) |
| | Katie Bloomgren (Hon. Mention) |
| Cross Country | Christopher Burns |
| Girls Basketball | Brooke Borowski (Hon. Mention) |
| | Brooke Borowski (BCAM's Best) |
| Boys Ski | Alex Rink (Hon. Mention SL, GS) |
| Girls Ski | Morganne Matheis (1st Team SL, GS) |
| | Katrina Stencel (3rd Team GS) |
| | Sarah Novotney |
| | (Hon. Mention Slalom, Giant Slalom) |
| Comp. Cheer | Clare Lilek (2nd Team) |
| | Kara Dal Bianco (Hon. Mention) |
| Baseball | Thomas Constand (Hon. Mention) |
| | Daniel Owenby (1st Team) |
| Boys Lacrosse | Brandon Beauregard (1st Team) |
| | Thomas Sardelli (1st Team) |
| | Joseph Gifford (2nd Team) |
| Girls Lacrosse | Maddie Dugan (Hon. Mention) |
| | Brooke Ingraham (Hon. Mention) |
| | Clare Lilek (Hon. Mention) |
| Girls Soccer | Lauren Jbara (Hon. Mention) |
| | Katrina Stencel (3rd Team) |
| Boys Track | Christopher Burns (2nd Team) |
| | Jordan Baginski (2nd Team) |
| | Max Gilles (2nd Team) |
| | Troy Kauffman (2nd Team) |
| Girls Track | Sara Barron (1st Team) |
| <u>MHSAA State Finals Individual Qualifiers</u> | |
| Swim/Dive | Mackenzie Chesley |
| | Payton Hoff |
| | Marin McInerney |
| | Kaleigh Mullin |
| | Jessica Murrell |
| | Alyssa Varsanik |
| Cross Country | Sara Barron |
| | Christopher Burns (State Champion) |
| Boys Skiing | Alex Rink |
| Boys Track | Jordan Baginski |
| | Christopher Burns |
| | Max Gilles |
| | Brad Lorant |
| Girls Track | Sara Barron |
| | Natalie DeLave |

NOTRE DAME ATHLETICS

2009



2010

INDIVIDUAL ACCOMPLISHMENTS

Academic All State

Volleyball
Girls Basketball
Competitive Cheer

Girls Soccer
Softball

Girls Track & Field
Boys Track & Field

Destiny Tolliver
Brooke Borowski
Ashley Agosta
Erin Collins
Kara Dal Bianco
Hannah Genord
Gabrielle Guzzardo
Clare Lilek
Maria Molnar
Leslie Pfeiffer
Gabrielle Phillips
Emily Rodriguez
Lauren Wood
Leah Ewald
Kara Dal Bianco
Kendall Hendler
Molly Winowiecki
Sara Barron
Jordan Baginski
Christopher Burns

All Region

Boys Soccer
Volleyball

Comp. Cheer

Boys Ski
Girls Ski

Baseball
Girls Soccer
Softball

Neil Al-attar
Katie Bloomgren, Lindsay Kander,
Dalton Tolliver, Destiny Tolliver,
Catherine Wiczorek
Kara Dal Bianco (1st Team)
Clare Lilek (1st Team)
Cassidy Kassab (2nd Team)
Shannon Staeb (2nd Team)
Erin Collins (Hon. Mention)
Julie Pieciak (Hon. Mention)
Alex Rink, Mike Sewell
Reine Mager, Morganne Matheis,
Sarah Novotney, Katrina Stencel
Thomas Constand, Daniel Owenby
Lauren Jbara, Katrina Stencel
Erin Collins, Kara Dal Bianco,
Stephanie Karlewski, Kaitlin Roose,
Molly Winowiecki

Regional Champions

Cross Country
Girls Ski

Boys Track
Girls Track

Christopher Burns (Cross Country)
Morganne Matheis (Slalom)
Sarah Novotney (Giant Slalom)
Christopher Burns (1600 & 3200)
Sara Barron (800 & 1600)

All District

Boys Soccer
Comp. Cheer

Baseball
Girls Soccer

Softball

Neil Al-attar
Kara Dal Bianco (1st Team)
Clare Lilek (1st Team)
Shannon Staeb (1st Team)
Cassidy Kassab (2nd Team)
Julie Pieciak (2nd Team)
Erin Collins (Honorable Mention),
Gabby Guzzardo (Honorable Mention)
Tom Constand, Daniel Owenby
Stephanie Accurso, Taylor Aiello,
Alexandra Genord, Lauren Jbara,
Jennifer Klei, Marisa Mancinotti,
Alyssa Morrison, Katrina Stencel
Erin Collins, Kara Dal Bianco
Stephanie Karlewski, Kaitlyn Roose
Molly Winowiecki, Mary Kate Zinn

All Oakland County

Cross Country
Boys Soccer
Football

Volleyball

Boys Basketball
Girls Basketball
Boys Ski
Girls Ski
Baseball

Girls Soccer

Softball

Boys Lacrosse
Boys Track
Girls Track

Christopher Burns (First Team)
Brad Lorant (Honorable Mention)
Neil Al-attar (Hon. Mention)
Mike Frakes (Hon. Mention)
Mike Maltese (Hon. Mention)
Evan Sassack (Hon. Mention)
Nick Garippa (Hon. Mention)
Destiny Tolliver (First Team)
Catherine Wiczorek (Second Team)
Katie Bloomgren (Third Team)
Lindsay Kander (Hon. Mention)
Dalton Tolliver (Hon. Mention)
Joey DeMartis (Hon. Mention)
Brooke Borowski (Hon. Mention)
Alex Rink (Hon. Mention)
Morganne Matheis (Hon. Mention)
Daniel Owenby (First Team)
Thomas Constand (Hon. Mention)
Lauren Jbara (Hon. Mention)
Katrina Stencel (Hon. Mention)
Stephanie Karlewski (Hon. Mention)
Katie Roose (Hon. Mention)
Molly Winowiecki (Hon. Mention)
Brandon Beauregard (1st Team)
Thomas Sardelli (1st Team)
Christopher Burns (1st Team)
Sara Barron (2nd Team)

NOTRE DAME ATHLETICS

2009



2010

INDIVIDUAL ACCOMPLISHMENTS

CHSL Champion

Boys Track

Chris Burns (1600 & 3200)

CHSL All Catholic

Boys Soccer

Neil Al-attar
Nicholas Hafner

Football

Mike Frakes
Nick Garippa
Mike Maltese
Evan Sassack

Volleyball

Katie Bloomgren
Destiny Tolliver
Catherine Wiczorek

Boys Cross Country

Chris Burns

Girls Cross Country

Sara Barron

Competitive Cheer

Alex Lallier
Rachel Hanson
Kara Dal Bianco
Cassidy Kassab
Clare Lilek
Shannon Staeb

Girls Basketball

Brooke Borowski
Jane Fountain

Boys Basketball

Kellen McCormick

Hockey

Paul Barron

Wrestling

Nick Hafner

Baseball

Jeff Stelmach

Boys Golf

Thomas Constand

Girls Lacrosse

Aaron Knutson

Boys Lacrosse

Maddie Dugan
Brooke Ingraham
Clare Lilek
Brandon Beauregard
Joe Gifford

Girls Soccer

Chad Powers
Tom Sardelli
Lauren Jbara
Alyssa Morrison
Katrina Stencil

Softball

Kara Dal Bianco
Molly Winowiecki

Girls Tennis

Lisa Savagian

Boys Track & Field

Jordan Baginski
Christopher Burns

Girls Track & Field

Mark Juriga
Troy Kauffman
Sara Barron
Jane Fountain

CHSL All League

Football

Joe Gifford
Mike Koempel

Boys Tennis

John Pasko

Boys Soccer

Jeff Stelmach

Volleyball

Alex Horak

Girls Basketball

Tim Robertson

Boys Basketball

Nick Salic

Hockey

Lindsay Kander

Baseball

Dalton Tolliver

Mary Kate Zinn

Joey DeMartis

Matt Hubbard

Jason Avromov

Danny Dulapa

Daniel Owenby

Girls Lacrosse

Stephanie Apruzzese

Boys Lacrosse

Brittany Berry

Melanie Glenn

Keaton Curran

Paul Nardone

Tim Robertson

Chris Thieda

Girls Soccer

Stephanie Accurso

Jennifer Klei

Marisa Mancinotti

Softball

Stephanie Karlewski

Kaitlyn Roose

Girls Tennis

Lauren MacLean

CHSL All Academic

Boys Soccer

Glenn Sullivan

Football

Chad Powers

Boys Tennis

Andrew Anderson

Volleyball

Destiny Tolliver

Girls Basketball

Emily Wade

Boys Basketball

Evan Sassack

Hockey

Paul Barron

Baseball

Kyle Collins

Girls Lacrosse

Clare Lilek

Boys Lacrosse

Nick Hafner

Girls Soccer

Alexandra Genord

Softball

Kendall Hendler

Girls Tennis

Deanna Zerafa

CHSL Honorable Mention

Volleyball

Brooke Scollin, Mary Kate Zinn

Softball

Erin Collins, Carly Joseph

NOTRE DAME ATHLETICS

2009



2010

INDIVIDUAL ACCOMPLISHMENTS

Detroit News All North Football Team

Evan Sassack (Honorable Mention)

Detroit Free Press All North Girls Basketball Team

Brooke Borowski (Honorable Mention)

Jane Fountain (Honorable Mention)

BCAM Free Throw State Champion

Brooke Borowski

Detroit News All Metro Baseball Team

Daniel Owenby

Sunkist/Oakland Press Student-Athlete of the Week

Girls Basketball Brooke Borowski (February 18)

Boys Track Christopher Burns (April 22)

Girls Track Sara Barron (April 15)

Hobie Baker Award (Hockey)

Paul Barron

COACHING HONORS

Regional Coach of the Year

Girls Ski Kim Stencel

District Coach of the Year

Softball Betty Wroubel

Catholic League Coach of the Year

Volleyball Betty Wroubel

Girls Basketball Pat Battani

Girls Lacrosse Jenny Fischer

Boys Lacrosse Ben Ingram

Girls Tennis Peter Riley

SENIORS PLAYING IN COLLEGE

| | | |
|--------------------------|---------------------|---------------------------------|
| Jason Avromov | Baseball | Adrian College |
| Katie Bloomgren | Volleyball | Seton Hill University |
| Christopher Burns | Cross Country/Track | The United States Naval Academy |
| Maddie Dugan | Lacrosse | Adrian College |
| Mark Evans | Lacrosse | Aquinas College (club level) |
| Nicholas Garippa | Lacrosse | University of Detroit Mercy |
| Joshua Jeszke | Lacrosse | Aquinas College (club level) |
| Jessica Murrell | Swimming | University of Evansville |
| Daniel Owenby | Baseball | Western Illinois University |
| Chad Powers | Football | Northwood University |
| Evan Sassack | Football | Hillsdale College |
| Thomas Sardelli | Lacrosse | Sacred Heart University |
| Destiny Tolliver | Volleyball | University of New Hampshire |
| Molly Winowiecki | Softball | Albion College |

NOTRE DAME ATHLETICS

2009



2010

NDP ATHLETES OF THE YEAR

CHRISTOPHER BURNS

Cross Country State Champion
 Cross Country All State Dream Team
 All Catholic in Cross Country and Track & Field
 CHSL Joe Pascuzzi Boys Track Scholar-Athlete Leader Award Winner
 CHSL Frank Guyott Boys Cross Country Scholar-Athlete Leader Award Nominee
 Gatorade Runner of the Year (Cross Country) Finalist
 CHSL Athlete of the Year Finalist
 Wendy's High School Heisman State Finalist & School Winner
 Track & Field First Team All State (3rd in 3200 Meter Run in 2009)
 Track & Field Second Team All State (1600 Meter Run, 3200 Meter Relay and 3200 Meter Run in 2010)
 School record holder in 5 events (5K, 800 Meter Run, 1600 Meter Run, 3200 Meter Run, 3200 Meter Relay)
 * **Chris is attending The United States Naval Academy where he will run cross country and track & field.**



KARA DAL BIANCO

NDP Dirty Dozen Award (12 consecutive seasons)
 Competitive Cheer Honorable Mention All State
 Competitive Cheer All Region First Team
 Competitive Cheer All District First Team
 Softball All Region, All District, All Catholic
 Academic All State in Competitive Cheer & Softball
 CHSL Rev. John Zwiers Softball Scholar-Athlete Leader Award Nominee



NDP SCHOLAR ATHLETES OF THE YEAR

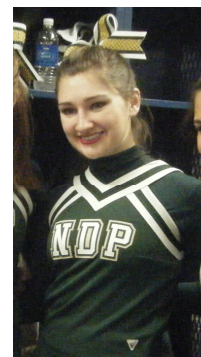
NICHOLAS HAFNER

NDP Dirty Dozen Award (12 consecutive seasons)
 Soccer All Catholic
 Wrestling All Catholic
 Boys Lacrosse All Academic
 CHSL Mike Rodriguez Wrestling Scholar-Athlete Leader Award Nominee



CLARE LILEK

NDP Dirty Dozen Award (12 consecutive seasons)
 Competitive Cheer All State Second Team
 Lacrosse All State Honorable Mention
 Competitive Cheer Academic All State
 Competitive Cheer All Region First Team
 Competitive Cheer All District First Team
 All Catholic in Competitive Cheer & Lacrosse
 Girls Lacrosse All Academic
 CHSL Cheerleading Scholar-Athlete Leader Award Nominee
 CHSL Girls Lacrosse Scholar-Athlete Leader Award Winner
 Competitive Cheer Coaches of Michigan Scholarship



NOTRE DAME ATHLETICS

2009



2010

ATHLETIC PROGRAM HIGHLIGHTS

- Boys lacrosse had their best season in school history, advancing to the state finals where they fell to Forest Hills Central 14-8. Their final season record was 19-3.
- Chris Burns won the Division 2 cross country state championship in a time of 15:46 to become the first male individual state champion in school history. He also broke 5 school records in running (5K, 800 Meter Run, 1600 Meter Run, 3200 Meter Run, 3200 Meter Relay).
- Girls ski won a 5th straight regional championship and placed 5th at the state finals.
- Volleyball won their 12th district title and 10th CHSL division title in school history.
- Boys and girls lacrosse both defended their CHSL championship and division titles.
- Softball won their eighth district title in school history.
- Boys basketball won a third straight district title.
- Notre Dame Marist varsity and JV boys basketball won CYO division championships.
- Boys track and field had their most successful season in school history. They placed second in the division with a record of 3-1, broke seven school records, and placed in the top eight in three events at the state finals.
- Notre Dame Marist boys track and field broke school records in seven events. They placed in the top six in six events at the CYO Championship.
- Sara Barron placed second in the state in the 800 Meter Run at the girls track and field state finals with a school record time of 2:15.52.
- Girls tennis won their 5th CHSL championship in school history.
- Boys ski and girls cheer had the highest GPA's in the state for their divisions. Nine NDP teams earned Academic All State honors.
- Competitive cheer broke school records in all three rounds and total score at the regional.
- Girls swimming and diving won the Royal Oak Relays for the third straight year.

NOTRE DAME ATHLETICS

2009



2010

NOTRE DAME MARIST TEAM ACCOMPLISHMENTS

CYO Division Championships

Varsity Boys Basketball

JV Boys Basketball

NOTRE DAME MARIST SCHOOL RECORDS

Notre Dame Marist Boys Track and Field

| | | |
|------------------|--------|---------------------------------|
| 100 Meter Dash | 12.74 | Ryan Moreno (7th Grade) |
| | 12.74 | Louis Pierite (7th Grade) |
| 200 Meter Dash | 25.7 | Ryan Moreno (7th Grade) |
| 400 Meter Dash | 58.10 | Edwin Schlickemeyer (8th Grade) |
| 800 Meter Run | 2:19.7 | Jere Neill (8th Grade) |
| 400 Meter Relay | 55.17 | Louis Pierite (7th Grade) |
| | | Spencer Wineman (6th Grade) |
| | | Michael Kunz (6th Grade) |
| | | Ryan Moreno (7th Grade) |
| 3200 Meter Relay | 9:53 | Edwin Schlickemeyer (8th Grade) |
| | | Killian Kosik (7th Grade) |
| | | Jere Neill (8th Grade) |
| | | Louis Pierite (7th Grade) |

Notre Dame Marist Girls Track and Field

| | | |
|------------------|-------|---------------------------|
| 3200 Meter Relay | 11:50 | Ellen Green (8th Grade) |
| | | Jessica Green (8th Grade) |
| | | Emily Ridge (7th Grade) |
| | | Claire Bolden (6th Grade) |

NOTRE DAME MARIST INDIVIDUAL ACCOLADES

Marist Fall Scholar Athletes

Nicholas Gust

Danielle McCormick

Marist Winter Scholar Athletes

Nicholas Gust

Gwen Keller

Marist Spring Scholar Athletes

Danielle Mullis

Jere Neill

Marist Athletes of the Year

Austin Cervone

Ellen Green

Marist Scholar Athletes of the Year

Nicholas Gust

Danielle Mullis

CYO Track & Field Championship

Jere Neill (5th in 800)

Ryan Moreno (4th in 200)

Edwin Schlickemeyer (5th in 400)

Boys 3200 Relay (5th)

Boys 400 Relay (5th)

Boys 1600 Relay (6th)



NOTRE DAME ATHLETICS

2009



2010

NOTRE DAME PREP NEW SCHOOL RECORDS

Boys Cross Country

5 Kilometer Race 15:46 Christopher Burns

Girls Golf

9 Hole Team Score 188 vs. Ladywood
 [Lexie Cipa (10), Brooke Borowski (11), DeVine Blacksher (12), Jane Fountain (11), Whitney Lorenz (10)]
 18 Hole Season Average 94.3 Brooke Borowski (11th Grade)
 9 Hole Season Average 47.8 Brooke Borowski (11th Grade)

Competitive Cheer

Round 1 Score 225.4 MHSAA Regional
 Round 2 Score 225.3388 MHSAA Regional
 Round 3 Score 306.8 MHSAA Regional
 Total Score 757.5388 MHSAA Regional

Girls Basketball

Most Free Throws Made in a Game 11 Brooke Borowski (11th Grade)
 Most Assists in a Game 9 Brooke Borowski (11th Grade)
 Most Blocks in a Game 8 Adriana Drake (12th Grade)
 Most Blocks in a Career 142 Adrianna Drake (12th Grade)
 Most Assists in a Game (Team) 20 vs. Michigan Collegiate
 Most Blocks in a Game (Team) 11 Armada

Girls Track and Field

100 Meter Hurdles 16.00 Natalie DeLave (11th Grade)
 300 Meter Hurdles 49.00 Natalie DeLave (11th Grade)
 800 Meter Run 2:15.52 Sara Barron (10th Grade)
 1600 Meter Run 5:12 Sara Barron (10th Grade)

Boys Track and Field

Discus 123'5" Ray Leduc (12th Grade)
 Long Jump 18'2" Matthew Swazer (11th Grade)
 300 Meter Hurdles 43.1 Max Gilles (11th Grade)
 800 Meter Run 1:57.49 Christopher Burns (12th Grade)
 1600 Meter Run 4:18.72 Christopher Burns (12th Grade)
 3200 Meter Run 9:28.35 Christopher Burns (12th Grade)
 3200 Meter Relay 8:06.66 Jordan Baginski (11th Grade)
 Max Gilles (11th Grade)
 Troy Kauffman (9th Grade)
 Christopher Burns (12th Grade)