

2007-2008 YEAR END REPORT



**Notre Dame Preparatory & Marist Academy
Athletic Department
July 2008**

TABLE OF CONTENTS

Athletic Department Overview.....	3
Participation Numbers by Gender	4
NDP Team Accomplishments	5
NDP Individual Accolades	6
NDP Individual Champions and Qualifiers.....	11
Seniors Playing in College.....	12
Coaching Honors	12
NDP Female Athlete of the Year.....	13
NDP Male Athlete of the Year	14
NDP Scholar-Athletes of the Year	15
NDP Season Summaries	16
Marist Academy Year in Review	20
Tournaments Hosted	21
New School Records.....	22

Notre Dame Prep is a Catholic, college prep school committed to academic excellence and the moral foundation of its students.

The athletic program is intended to reinforce the aims and goals of the academic program and is an integral part of the educational system designed to promote the physical, moral, spiritual, emotional, and social development of the individual student. As stated in the school mission, “With God...we form Christian People, Upright Citizens, and Academic Scholars.”

2007-08 YEAR END ATHLETIC REPORT

Notre Dame Preparatory School/Marist Academy

ATHLETIC DEPARTMENT OVERVIEW

Ms. Betty Wroubel	Athletic Director NDP/MA Head Varsity Volleyball Coach Head Varsity Softball Coach Assistant Principal Department Chair, Health and Physical Education
Mr. Marty Simmonds	Assistant Athletic Director NDP/MA Scheduling Coordinator NDP/MA
Ms. Megan Thayer	Assistant Athletic Director NDP/MA Head Girls and Boys Varsity Track Coach
Ms. Elaine Reimann	Administrative Assistant for Athletics
Mr. Chris Polsinelli	Certified Athletic Trainer
Mr. Duane Holmes	Athletic Assistant

Department Initiatives/Advancements

- ***National Interscholastic Athletic Administrators Association (NIAAA) Leadership Training Program*** – two athletic directors earned title of Certified Athletic Administrator in March of 2008 (a third expected in 2008-09 school year)
- ***MHSAA Coaches Advancement Program (CAP)*** – hosted Level 1 on August 18, 2007
- ***College recruiting seminar*** presented by Mary Wegzyn – offered free to the community on September 12, 2007
- ***Outreach Program for female performance and injury prevention*** presented by Laura Ramus from the DMC Rehabilitation Institute of Michigan - offered free to athletes and coaches on September 24, 2007
- ***Karl Frank's Speedology performance training*** - two sessions offered free to athletes on June 25-26, 2008

2007-2008 BY THE NUMBERS

- 1** State Championship...Operation Friendship Championship
- 2** MHSAA Individual Regional Champions
- 3** MHSAA Regional Championships...Operation Friendship Scholar-Athletes
- 4** MHSAA State Finals Team Qualifiers
- 5** MHSAA District Championships
- 7** Academic All State Teams...First Team All County Athletes
- 8** CHSL Championships...CHSL Coaches of the Year
- 11** CHSL Division Championships...First Team All State Athletes...All Region Athletes
- 12** MHSAA State Finals Individual Qualifiers
- 13** Regular Season Tournament Championships
- 18** Academic All State Athletes...All District Athletes

PARTICIPATION NUMBERS BY GENDER

NDP		
<u>Number of Participants</u>		
(counts multiple sport athletes each time)		
Male	363	48.34%
Female	<u>388</u>	51.66%
	751	

<u>Actual Number of Student Athletes</u>		
Male	227	
Female	253	

<u>Two Sport Athletes</u>		
Male	84	
Female	87	

<u>Three Sport Athletes</u>		
Male	26	
Female	23	

<u>Number of Sports</u>		
Male	12	
Female	12 (15 with clubs)	

<u>Number of Teams</u>		
Male	21	
Female	21 (25 with clubs)	

<u>Paid Coaches</u>		
Male	48	
Female	25	

<u>On Staff Coaches</u>		
Male	8	
Female	9	

MA		
<u>Number of Participants</u>		
(counts multiple sport athletes each time)		
Male	221 *	55%
Female	180	45%
	401	

<u>Actual Number of Student Athletes</u>		
Male	124 *	
Female	102	

<u>Two Sport Athletes</u>		
Male	48	
Female	38	

<u>Three Sport Athletes</u>		
Male	24	
Female	20	

<u>Number of Sports</u>		
Male	8	
Female	8	

<u>Number of Teams</u>		
Male	13	
Female	16	

<u>Paid Coaches</u>		
Male	24	
Female	9	

<u>On Staff Coaches</u>		
Male	4	
Female	2	

* *Figure includes non-Marist football players who paid fee*

NOTRE DAME PREP TEAM ACCOMPLISHMENTS

State Champions

Volleyball



Final Four

Softball

Volleyball

Regional Champions

Volleyball

Girls Ski

Softball

District Champions

Volleyball

Boys Basketball

Boys Golf

Girls Soccer

Softball



State Qualifiers

Boys Ski 4th at Finals

Girls Ski 3rd at Finals

Boys Tennis 16th at Finals

Boys Golf 4th at Finals

Academic All State

Hockey

Volleyball (3.83 GPA)

Girls Basketball

Boys Ski (1st in State)

Girls Ski (3rd in State)

Softball (1st in Division 2, 3.65 GPA)

Girls Tennis (3.83 GPA)

ACVA National All Academic Team

Volleyball

CHSL Championships

Dance/Pom

Football

Boys Soccer

Hockey

Boys Ski

Girls Ski

Volleyball

Boys Lacrosse



CHSL Sectional Championships

Volleyball

Boys Soccer

Boys Tennis

Football

Boys Basketball

Baseball

Boys Lacrosse

Girls Lacrosse

JV Volleyball

JV Girls Lacrosse

JV Girls Soccer

Operation Friendship Championship

Girls Cross Country

Tournament Championships

Competitive Cheer Ladywood, St. Clair

Boys Varsity Soccer NDP Rainbow Classic

Girls Swim/Dive Royal Oak, Romeo

Boys Varsity Tennis Warren Mott, Avondale,

Gabriel Richard

Varsity Volleyball West Bloomfield,

Livonia Stevenson

JV Volleyball Marian, Country Day,

Brandon

Kosmo Team of the Year (Oakland Press)

Volleyball

INDIVIDUAL ACCOLADES

NDP Athlete of the Year

Molly Coldren
Chris Maltese

NDP Scholar-Athlete of the Year

Cara Pozolo
Eric Tye

Dirty Dozen Award (12 continuous seasons of participation)

Chris Maltese
Molly Coldren

Juniors with 9 continuous seasons of participation

Weston Lawson

Michael Morrison

Shivani Radia

Sophomores with 6 continuous seasons of participation

PJ Barron
Chris Burns
Kara Dal Bianco
Maddie Duggan
Neil Dwivedi

Nick Garippa
Nick Hafner
Clare Lilek
John Pasko
Chad Powers

Tim Robertson
Mary Savarese
Chris Thieda
Parker Via

Freshman with 3 continuous seasons of participation

Taylor Aiello
Stephanie Apruzzese
Matt Arcori
Brooke Borowski
Tom Constand
Natalie DeLave
Jane Fountain

Joe Gifford
Christian Guzzardo
Brandon Katta
Desiree Kpadenou
Brett Kramer
Ty Kraniak
Reine Mager

Marisa Mancinotti
Molly Mulcahy
Alex Rink
Sarah Skutnik
Mary Kate Zinn

MHSAA Scholar-Athlete Award Nominees

Kelsey DeLave
Kristen Howdysshell

Cara Pozolo
Sajel Tremblay

Dan DeMartis
Paul Al-attar

CHSL Operation Friendship Scholar-Athlete

Cheerleading Gianna Guzzardo
Boys Lacrosse Rob Healy
Girls Ski Lexie Kosik

Wendy's High School Heisman School Winner

Chris Maltese
Cara Pozolo

Detroit Free Press Scholar Athlete

Molly Coldren

CHSL Walt Bazylewicz Female Athlete of the Year

Molly Coldren



*NDP Athletes of the Year &
Dirty Dozen Award Winners
Molly Coldren and Chris Maltese*

Miss Softball
Molly Coldren

Miss Volleyball Runner-Up
Molly Coldren

Gatorade Michigan High School Volleyball Player of the Year
Molly Coldren

Detroit Athletic Club Michigan High School Female Athlete of the Year Finalist
Molly Coldren

Kosmo Female Athlete of the Year (Oakland Press)
Molly Coldren

Dancing for Your Dreams Scholarship (Pistons Palace Foundation)
Chase Rogowski

Detroit Free Press All North
Boys Basketball Tommy Dulapa 3rd Team

All Westside (C & G Newspapers)
Football Eric Tye (Second Team)

Oakland Press/Dr. Pepper Female Athlete of the Month (October)
Volleyball Molly Coldren

Oakland Press/Dr. Pepper Athlete of the Week
Boys Soccer Paul Al-attar
Volleyball Molly Coldren
Girls Basketball Molly Coldren
Girls Ski Natasha Kosik
Softball Katie Kowaleski
 Cara Pozolo
Boys Golf Matt Shepherd

Detroit Free Press Prep Star of the Week
Volleyball Molly Coldren (September 21)

State Champs!/Wendy's Student Athlete of the Week
Molly Coldren

MaxPreps/AVCA High School Michigan Volleyball Player of the Week
Molly Coldren (October 1)

Hobey Baker High School Character Award (Hockey)
Ryan Reagle

CHSL All Catholic

Football	Joey Amici Scott Koviak Chris Maltese Eric Tye Mario Zambito	Baseball	Daniel DeMartis Chris Maltese Joseph Petrella Joseph Veltri
Girls Golf	Kaitlyn McDonald Marisa Stroster Alyssa Wilson	Boys Lacrosse	Rob Healy Mike Lezotte Tom Sardelli Mario Zambito
Boys Soccer	Paul Al-attar Rob Healy Matt Raupp-Gardner Andrew Stinson	Girls Lacrosse	Gina Carnago Terri Creech Mia DeAgostino Lauryn Hammond
Girls Swim/Dive	Kristin Howdyshell	Girls Soccer	Kelsey DeLave Melissa Walters Kacie Steinbrecher
Boys Tennis	Scott Boyer		Molly Coldren
Volleyball	Molly Coldren Brogan Wells	Softball	Kaitlyn Kowaleski Cara Pozolo
Boys Basketball	Tommy Dulapa		Gina Apone Liz Barron Jane Fountain Rachel Hanson
Girls Basketball	Molly Coldren	Girls Track	Kelly Kanan Carolyn Vertin Alex Wade Emily Wade Jaclyn Wilson
Competitive Cheer	Kristina Eurick Molly Hall Amanda Hoff Megan Mulrenin		
Hockey	Brandon Johnson Mike Lezotte		

CHSL All League

Football	Shaun Boyd Neil Carter Mike DePorre	Hockey	Ryan Reagle Michael Recchia Tom Sardelli Kevin Michelcavage
Boys Soccer	Neil Al-attar Sean Grogan Weston Lawson Doug Smith	Baseball	David Gebard
Boys Tennis	Alex Horak Andy Loveless Ryan Reagle Reinhold Tischler	Boys Lacrosse	Joe Koterba Victor Nardone Matt Raupp-Gardner Michael Recchia
Volleyball	Lindsey Stuss Kori Valentine	Girls Lacrosse	Malinda Killu Carley Palmer Shivani Radia Rachel Sennett
Boys Basketball	Daniel DeMartis Chris Maltese	Girls Soccer	Jackie Accurso Emily Gray Ashley Levins
Girls Basketball	Marissa DeMartino Cara Pozolo	Softball	Jennifer Mellen Molly Winowiecki

CHSL All Academic

Football	Matt Stelmach	Hockey	Andrew Block
Boys Soccer	Kyle Powers	Baseball	Thomas Dulapa
Boys Tennis	Scott Boyer	Boys Lacrosse	Eric Tye
Volleyball	Sajel Tremblay	Girls Lacrosse	Terri Creech
Boys Basketball	Calogero D'Anna	Girls Soccer	Christina Hafner
Girls Basketball	Jennifer Mellen	Softball	Cara Pozolo

CHSL Honorable Mention

Softball	Kara Dal Bianco Stephanie Dal Bianco
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All Oakland County

Football	Chris Maltese	Honorable Mention
	Eric Tye	Honorable Mention
	Mario Zambito	Honorable Mention
Boys Soccer	Paul Al-attar	Honorable Mention
	Andrew Stinson	Honorable Mention
Girls Swim/Dive	Kristin Howdyshell	Honorable Mention
Volleyball	Molly Coldren	First Team
	Kori Valentine	Second Team
	Brogan Wells	Second Team
	Lindsey Stuss	Honorable Mention
	Destiny Tolliver	Honorable Mention
Boys Basketball	Dan DeMartis	Honorable Mention
	Tommy Dulapa	Honorable Mention
Girls Basketball	Molly Coldren	Honorable Mention
Hockey	Kevin Michelcavage	2 nd Team
	Brandon Johnson	Honorable Mention
	Mike Lezotte	Honorable Mention
	Tom Sardelli	Honorable Mention
Boys Ski	Kyle Powers	1 st Team
	John Gulvezan	2 nd Team
Girls Ski	Natasha Kosik	1 st Team
	Kim Thrush	2 nd Team
Baseball	Morganne Matheis	Honorable Mention
	Chris Maltese	Honorable Mention
	Joe Petrella	Honorable Mention
Boys Golf	Matt Sheperd	2 nd Team
Boys Lacrosse	Rob Healy	1 st Team
Girls Soccer	Jackie Accurso	Honorable Mention
	Paige Aiello	Honorable Mention
	Kelsey DeLave	Honorable Mention
	Kacie Steinbrecher	Honorable Mention
	Melissa Walters	Honorable Mention
Softball	Molly Coldren	1 st Team
	Katie Kowaleski	1 st Team
	Cara Pozolo	1 st Team
Girls Tennis	Alison Ho	Honorable Mention

All State

Football	Eric Tye	Honorable Mention
Boys Soccer	Paul Al-attar	1 st Team
	Andrew Stinson	3 rd Team
	Matt Raupp-Gardner	Honorable Mention
	Rob Healy	Honorable Mention
Girls Swim/Dive	Kristin Howdyshell	1 st Team (7 TH IN 200 IM, 4 th in 100 FLY at Finals)
	Molly Coldren	1 st Team
Volleyball	Brogan Wells	3 rd Team
	Kori Valentine	Honorable Mention
Girls Basketball	Molly Coldren	Honorable Mention
Boys Ski	Kyle Powers	1 st Team Giant Slalom
	John Gulvezan	1 st Team Slalom, 3 rd Team Giant Slalom
Girls Ski	Natasha Kosik	1 st Team Slalom, 1 st Team Giant Slalom
	Kim Thrush	2 nd Team Slalom, 3 rd Team Giant Slalom
	Morganne Matheis	3 rd Team Slalom
Hockey	Mike Lezotte	1 st Team
	Kevin Michelcavage	1 st Team
	Brandon Johnson	2 nd Team
	Tom Sardelli	2 nd Team
Boys Golf	Matt Sheperd	1 st Team
Girls Lacrosse	Lauryn Hammond	2 nd Team
	Gina Carnago	Honorable Mention
	Terri Creech	Honorable Mention
	Mia DeAgostino	Honorable Mention
	Kacie Steinbrecher	1 st Team
Girls Soccer	Jackie Accurso	2 nd Team
	Emily Gray	2 nd Team
	Paige Aiello	3 rd Team
	Kelsey DeLave	Honorable Mention
	Melissa Walters	Honorable Mention
Softball	Molly Coldren	1 st Team
	Cara Pozolo	1 st Team
	Katie Kowaleski	Honorable Mention

Academic All State

Volleyball	Laura Ballor	Boys Ski	John Gulvezan
	Paige Ciszewski		Kyle Powers
	Shannon Darcy	Girls Ski	Lexie Kosik
	Lindsey Stuss		Sasha Kosik
	Hockey	Sajel Tremblay	Softball
Kori Valentine		Stephanie Dal Bianco	
Andrew Block		Katie Kowaleski	
Phil Kukawinski		Jennifer Mellen	
Mike Lezotte		Cara Pozolo	

All Region

Boys Soccer	Paul Al-attar
Volleyball	Molly Coldren
	Lindsey Stuss
	Destiny Tolliver
	Kori Valentine
	Brogan Wells
Girls Soccer	Jackie Accurso
	Paige Aiello
	Kelsey DeLave
	Emily Gray
	Kacie Steinbrecher
	Melissa Walters
Softball	Molly Coldren
	Katie Kowaleski
	Cara Pozolo
	Molly Winowiecki

All District

Boys Soccer	Paul Al-attar
Baseball	Chris Maltese
	Joe Veltri
Girls Soccer	Jackie Accurso
	Paige Aiello
	Kelsey DeLave
	Emily Gray
	Christina Hafner
	Katelyn Hynan
	Ashley Levins
	Kacie Steinbrecher
	Katrina Stencil
	Melissa Walters
Softball	Molly Coldren
	Kara Dal Bianco
	Katie Kowaleski
	Cara Pozolo
	Molly Winowiecki

INDIVIDUAL CHAMPIONS AND QUALIFIERS

CHSL Champion

Wrestling Josh Romeo (125 lbs)

Regional Champions

Girls Ski	Natasha Kosik (Slalom and Giant Slalom)
Boys Ski	Kyle Powers (Slalom)

Oakland County Champion

Boys Golf Matt Sheperd (tied for medalist honors with a score of 72)

State Finals Qualifiers

Girls Cross Country	Risa Juliano	Girls Swim/Dive	Jackelyn Adams
Track and Field	Gina Apone		Liz Barron
	Liz Barron		Mackenzie Chesley
	Kelly Kanan		Kristin Howdyshell
	Lexi Kosik		Jaelyn Jones
	Alex Wade		Alyssa Varsanik
	Emily Wade		Jaelyn Wilson

Wrestling Regional Qualifiers

Josh Romeo (125 lbs)
Jeff Stelmach (130 lbs)

SENIORS PLAYING IN COLLEGE

<i>Jackie Accurso</i>	Soccer	Michigan State University
<i>Laura Ballor</i>	Volleyball	Aquinas College
<i>Molly Coldren</i>	Softball	Central Michigan University
<i>Dave Gebard</i>	Baseball/Golf	Marian University
<i>Kristin Howdyshell</i>	Swimming	University of Indianapolis
<i>Lexi Kosik</i>	Track and Field	University of Vermont
<i>Colin McGreevy</i>	Football	Hillsdale College
<i>Doug Smith</i>	Soccer	Alma College
<i>Lindsey Stuss</i>	Volleyball	St. Mary's
<i>Kim Thrush</i>	Ski	Northern Michigan University
<i>Sajel Tremblay</i>	Volleyball	DePauw University
<i>Brogan Wells</i>	Volleyball	Hillsdale College

COACHING HONORS

AVCA National High School Volleyball Coach of the Year

Betty Wroubel

Michigan High School Softball Coaches Association Hall of Fame Inductee

Betty Wroubel

All Oakland County Coach

Volleyball Betty Wroubel

Softball Betty Wroubel

CHSL Coaches of the Year

Football John Callahan

Boys Soccer Doug Green

Boys Tennis Peter Riley

Volleyball Betty Wroubel

Hockey Randy Campana

Boys Ski Joe Kosik

Girls Ski Joe Kosik

Baseball Darren Audia

MHSSCA District Softball Coach of the Year

Betty Wroubel

MHSSCA Regional Softball Coach of the Year

Betty Wroubel

MIVCA State Volleyball Coach of the Year

Betty Wroubel

NDP FEMALE ATHLETE OF THE YEAR

MOLLY COLDREN

3.649 GPA

CHSL Female Athlete of the Year

NDP Dirty Dozen Award (12 separate seasons of participation)

Detroit Athletic Club Michigan High School Female Athlete of the Year Finalist

Kosmo Female Athlete of the Year (Oakland Press)

Detroit Free Press Scholar Athlete

State Champs!/Wendy's Student Athlete of the Week

VOLLEYBALL

Gatorade Michigan High School Volleyball Player of the Year

Miss Volleyball Runner-Up

CHSL All Catholic

MIVCA All State First Team

MIVCA All Region

MIVCA All District

All Oakland County First Team

All Metro 1st Team

MaxPreps/American Volleyball Coaches Association High School Michigan Player of the Week

Oakland Press/Dr. Pepper Athlete of the Week

Oakland Press/Dr. Pepper Athlete of the Month for October

Detroit Free Press Prep Star of the Week

Detroit News top six volleyball players

Detroit Free Press top 5 "things" to watch (as a player)

Oakland Press rated #1 player in county

Edith Glusac scholar-athlete leader nominee (CHSL)

NDP Fighting Irish Award

Team Captain

Holds every offensive school record (career and season)



*2007 Varsity Volleyball
State Champions
CHSL Champions*

BASKETBALL

CHSL All Catholic

Detroit Free Press All State Honorable Mention

All Oakland County Honorable Mention

Oakland Press/Dr. Pepper Athlete of the Week

NDP Fighting Irish Award

Team Captain



SOFTBALL

MHSSCA Miss Softball (Position Players)

MHSSCA All State

MHSSCA Academic All State

MHSSCA All Region

MHSSCA All District

MHSSCA All Academic (Individual)

CHSL All Catholic Softball

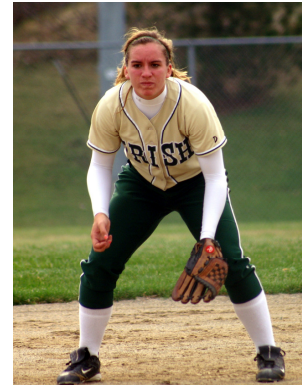
All Oakland County 1st Team

Oakland Press rated top player in the county

Rev. John Zwiers scholar-athlete leader nominee (CHSL)

Team Captain

Holds school records for home runs, intentional walks, walks, triples, doubles, fielding avg., RBI and runs scored (career and season)



*Molly signed a national
letter of intent to play
softball at Central
Michigan University next
year*

NDP MALE ATHLETE OF THE YEAR CHRIS MALTESE

4.2 GPA

NDP Dirty Dozen Award (12 separate seasons of participation)

Wendy's High School Heisman School Winner

FOOTBALL

CHSL All Catholic

All Oakland County Honorable Mention

Oakland Press Top Performer (Sept. 23)

Team Captain

NDP Most Improved Award

BASKETBALL

CHSL All League

Team Co-Captain

NDP Scholar-Athlete Award

BASEBALL

CHSL All Catholic

All District

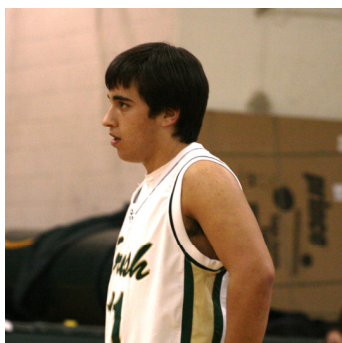
Ralph Own scholar-athlete leader nominee (CHSL)

NDP Fighting Irish Award

Team Captain



Chris was one of only 15 incoming freshman accepted into the MedStart program at Wayne State University



*2007-08 Varsity Boys Basketball
Division Champs
District Champs*



*2007 Varsity Football
Prep Bowl Champs
MHSAA Playoff Qualifier*

NDP FEMALE SCHOLAR-ATHLETE OF THE YEAR CARA POZOLO

4.450 GPA
Valedictorian
Wendy's High School Heisman School Winner
MHSAA Scholar-Athlete Award Nominee
National Merit Scholarship Commended Student
Society of Women Engineers Outstanding Student
Oakland Press Excellence in Education Nominee
WXYZ Brightest and Best

BASKETBALL

CHSL All League
NDP Scholar-Athlete Award
Frank Connolly scholar-athlete leader nominee (CHSL)

SOFTBALL

CHSL All Catholic
MHSSCA All State
MHSSCA Academic All State
MHSSCA All Region
MHSSCA All District
All Oakland County – 1st Team
Dr. Pepper/Oakland Press Athlete of the Week



Cara will be attending the University of Notre Dame next year in a pre-med program

NDP MALE SCHOLAR-ATHLETE OF THE YEAR ERIC TYE

4.41 GPA
Valedictorian
4-year member of Student Council
NDP Outstanding Service Award
NDP Spirit of the Fighting Irish Award
Comcast Leaders and Achievers Award
Oakland Press Excellence in Education Nominee

FOOTBALL

CHSL All Catholic
All State Honorable Mention
All Oakland County Honorable Mention
All Westside (C & G Newspapers) Second Team
John Shada scholar-athlete leader nominee (CHSL)
NDP Fighting Irish Award
Team Captain
NDP all time leading rusher (1003 yards)
NDP single game rushing record (215 yards)

LACROSSE

CHSL All Academic
Team Captain



Eric will be attending Lyman Briggs College at Michigan State University in the Pre-Dental program next year

NDP SEASON SUMMARIES

FALL

Boys Cross Country

The boys cross country team was led by junior captain Matt Kurowski and sophomores Brad Lorant and P.J. Barron. The team was young, having no seniors on the roster, but showed a lot of potential for the future. Brad Lorant medaled at numerous invitationals and finished a team high 23rd at the regional meet.

Girls Cross Country

For the second straight year, the girls cross country team earned the title of Operation Friendship champions. Junior Risa Juliano qualified for the state finals with a ninth place finish at the regional meet and ended up finishing 119th at the Division 2 Finals.

Football

The varsity football team enjoyed a successful campaign once again in 2008. They went 8-1 in the regular season and repeated as CHSL Prep Bowl champions at Ford Field (second title in school history). They qualified for the MHSAA playoffs where they fell to Detroit Crockett in the first round.

Girls Golf

Because the season changed from spring to fall due to the results of MHSAA litigation, the girls golf team had only a couple of months off between seasons. They started right where they left off, continuing to improve drastically. They set a school record for team 9-hole score (193) and finished fourth at the regional (two places better than last year), which is the highest regional finish for the team in school history. They also finished fourth at the CHSL Championship, just nine strokes out of first place.

Boys Soccer

The varsity boys soccer team won their first CHSL championship in 12 years. They also won their seventh CHSL division championship in the short history of the school, and compiled an impressive record of 15-4-2. They fell to eventual state champion Country Day in the district opener 2-1 after holding a 1-0 lead most of the game.

Girls Swimming & Diving

The girls swimming and diving compiled a record of 9-3 and won championships at the Royal Oak Relays and the Romeo Relays. They were 4-2 in the CHSL and finished third at the CHSL Championship meet which is one spot better than last year. Seven girls qualified for the MHSAA State Finals, including Jackelyn Adams, Liz Barron, Mackenzie Chesley, Kristin Howdyshell, Jaclyn Jones, Alyssa Varsanik and Jaclyn Wilson. The 400 Freestyle Relay of Barron, Jones, Varsanik and Chesley placed 23rd at the finals with a time of 3:58.69. Jaclyn Wilson placed 17th in the 100 Breaststroke with a time of 1:13.26. Kristin Howdyshell placed seventh in the 200 Individual Medley with a time of 2:16.41 and fourth in the 100 Butterfly with a time of 1:01.24 and earned all state honors in both events. Howdyshell broke the school record in the 100 Butterfly during the season with a time of 1:00.94.

Boys Tennis

The boys tennis team finished the season with a record of 5-3-2 and captured three tournament championships, winning titles at the Warren Mott Quad, Avondale Tournament and Gabriel Richard Tournament. They were CHSL division champions and qualified for the state finals as a team for the second time in school history by placing second at the regional meet. At the state finals, the #1 doubles team of Alex Horak and Andy Loveless had a first round bye and scored 2 points with a victory in the second round to help the team finish 16th overall.

Volleyball

The varsity volleyball team enjoyed the most successful season in school history, finishing the season with a record of 54-7-3 and accomplishing many “firsts”. They won their first state championship and were the first team to win a state volleyball title in Oakland County history. They only lost one game in seven matches during the entire state tournament. They also won their first CHSL championship and were the first Class B school to do it in over 20 years. They were named one of Oakland County’s top 10 greatest prep teams of all time by the Oakland Press. The varsity and JV teams earned CHSL division titles.

Equestrian

The club equestrian team placed sixth out of eight teams in their first competition of the season and fifth out of eight teams in their final competition of the season. At the final competition, Samantha VanVlerah won her jumping class and senior captains Rachel Sennett and Liz Bartoli shaved six seconds off of their two man ride time and finished second out of 17 teams in that event.

WINTER

Boys Basketball

The boys basketball team had a strong season, finishing with a record of 15-9 overall and 7-1 in their division. They won a division title for the second time in school history and first time in 12 years, and finished as runners-up in the CHSL tournament. They also won the fourth boys basketball district title in school history.

Girls Basketball

In their first winter season, due to the results of MHSAA litigation, the girls basketball team finished the season with a record of 11-10, winning six more games than in the previous season. They were runners-up in the CHSL tournament and advanced to the second game of the district tournament where they were defeated by Armada 46-43 in a game that went down to the wire.

Competitive Cheer

The competitive cheer team performed well all season, placing first in their division at the St. Clair and Ladywood invitationals and second at Stoney Creek and the MCCA Grand Championship at Clarkston. They were runners-up at the CHSL championship and placed third at the regional meet, just one place away from qualifying for the state finals. They finished eight places higher at the regional meet than they did in 2007.

Dance/Pom

The dance/pom team brought home the CHSL title for the second straight year. They placed first in the jazz division and first overall.

Hockey

The varsity hockey team won their fourth straight CHSL division title and CHSL championship. They hosted the MHSAA regional and put together an exciting playoff run, defeating Marysville 5-1 in the opener and St. Clair 2-1 (in double overtime) in the regional semifinal. They fell to Cranbrook 3-0 in the regional final.

Girls Ski

The girls ski team won the CHSL championship, the Pine Knob divisional, and the regional championship. It was their second straight CHSL title and their third straight regional title. They finished third at the MHSAA state finals for the second straight year. Natasha Kosik won the slalom and giant slalom titles at the regional meet and finished second in the giant slalom and fourth in the slalom at the state finals.

Boys Ski

The boys ski team won their first CHSL championship and placed third at the Pine Knob divisional. At the regional meet, the boys were unable to defend their title from last year but placed second and qualified for the state finals. Kyle Powers took home the slalom title at all three meets and placed second in the giant slalom at the CHSL championship and regional meet. The team finished fourth at the state finals which was their best finish in school history. Powers placed second and John Gulvezan placed 13th in the giant slalom, and Gulvezan placed fourth in the slalom.

Wrestling

The wrestling team was small in numbers and relatively inexperienced, but the season was full of solid individual performances and tremendous improvement. They were unable to fill all of the weight classes and had to give points to the other team for voids, which made it difficult to win meets. Highlights included Jeff Stelmach and Josh Romeo advancing to the individual regional round of the MHSAA tournament, and Romeo winning the CHSL title in the 125 lb. weight class. Romeo also won the 125 lb. championship at the Flint Beecher Invitational and Scott Koviak placed third in the 160 lb. weight class.

SPRING

Softball

For the first time in school history, the softball team advanced to the state semifinals in Battle Creek. They won their second consecutive regional championship and third in school history. They also won their second consecutive district championship and sixth in school history. They did not repeat as CHSL champions, but they did make national news by breaking Allen Park Cabrini's state-record 80-game win streak during the regular season, shutting them out 2-0 in the first game of a doubleheader at home. They finished the season with an impressive record of 30-12 and senior Molly Coldren was named Miss Softball for position players by the Michigan High School Softball Coaches Association.

Baseball

The varsity baseball team finished the season with an outstanding record of 20-12. They were 16-2 in their division, falling only once to Bishop Foley and once to Our Lady of the Lakes. They won a CHSL sectional championship for only the second time in school history. Their season ended when they fell to Andover in the pre-district game.

Boys Golf

The varsity boys golf team won the district title for the first time in school history. They went on to place second at the regional tournament, qualifying for the state finals for the eighth straight year. They placed fourth at the MHSAA state finals, one spot higher than last year, which tied their best finish at the finals in school history. Matt Sheperd tied for medalist at the Oakland County tournament with a score of 72 and was named to the Division 2 All State First Team.

Boys Lacrosse

The boys lacrosse team had an outstanding season, compiling a record of 19-2 and advancing to the MHSAA regional final where they fell to Cranbrook Kingswood in a heartbreaking 9-8 contest. They won their first ever CHSL division title and the CHSL championship for the first time in seven years and the third time in school history.

Girls Lacrosse

The girls lacrosse team won their first ever CHSL division title and amassed a record of 16-3 before falling in the MHSAA regional final to Sacred Heart. The JV team also won the CHSL division title.

Girls Soccer

The girls soccer team won their district and advanced to the regional final where they fell to Detroit Country Day in a shootout. It was the third district title for the program and the third Elite 8 appearance. The JV girls soccer team won a CHSL sectional championship.

Girls Tennis

The girls tennis team finished the season with a winning record of 6-4. They finished 4th at the CHSL tournament and 5th at the MHSAA regional tournament. Lexie Kosik was named All-Catholic and Allison Ho was named the All Oakland County Honorable Mention.

Girls Track and Field

Three school records were broken this past season, and for the second straight year six girls qualified for the state finals. Junior Liz Barron placed third at the regional meet in the two-mile with a new school record time of 11:37 and qualified for the state finals based on meeting the time standard. She topped her school record time at the Oakland County championship meet with a performance of 11:33.05 which was good enough for seventh place and a medal. Senior Lexi Kosik broke her school record from 2007 with a throw of 98'6" in the discus at the regional meet. She placed second with that throw and qualified for the state finals. The relay team of freshman Gina Apone, sophomore Emily Wade, junior Kelly Kanan and senior Alex Wade placed second in the mile relay at the regional meet which qualified them for the state finals.

Boys Track and Field

Comprised mostly of freshman and sophomores with only one senior, the boys track team was relatively inexperienced. The distance runners showed a lot of improvement from last season. They shattered the two mile relay school record that had been set exactly one year earlier at the 2007 regional meet. Only sophomore Brad Lorant was a member of both record setting relay teams. Joining him in setting the new record of 8:47.2 this year were Chris Burns, Neil Dwivedi and Mike Deibel. They placed fifth with this time which is two places better than last year. Junior Mike Deibel placed fifth in the mile with a personal best time of 4:41.6, and eventually dropped a few more seconds at the Oakland County championship meet. Sophomore and first time runner Chris Burns placed fifth in the two-mile with a season best time of 10:23.2.

MARIST ACADEMY YEAR IN REVIEW

TEAM ACCOMPLISHMENTS

CYO Division Champions

Varsity Boys Basketball

JV Boys Basketball

CYO Playoff Qualifiers

Varsity Boys Basketball

JV Boys Basketball

Varsity Baseball

CYO District Champions

Varsity Boys Basketball

CYO Regional Champions

Varsity Boys Basketball



*2007-08 Marist Varsity Boys Basketball
CYO Division Champions
CYO District Champions
CYO Regional Champions*

INDIVIDUAL ACCOLADES

CYO Track Championships

Sara Barron 2nd place in 800 Meter Run

Ethan Woelke 6th place in High Jump

CYO Scholar-Athlete

FALL Matt Siatczynski, Micaela Tremblay

WINTER Robert Huth, Erin Collins

SPRING Michael Risi, Andrew Lauer, Erin Collins

Marist Academy Athletes of the Year

Charles Hayden

Sara Barron

Marist Academy Scholar-Athletes of the Year

Matt Siatczynski

Erin Collins

TOURNAMENTS HOSTED

Michigan High School Athletic Association (MHSAA)

Boys Soccer Semifinal
Volleyball District
Football Pre-District
Hockey Pre-Regional and Regional Final
Baseball District
Softball District
Boys Lacrosse Regional
Girls Lacrosse Regional
Girls Soccer District Game
Girls Soccer Regional
Girls Soccer Semifinal

Catholic High School League (CHSL)

Boys Soccer Semifinal
Boys Soccer Finals
Freshman Volleyball Coaches Tournament
Boys Lacrosse CHSL Finals
Girls Lacrosse CHSL Finals

Catholic Youth Organization (CYO)

Football Regional
Volleyball Regional
Boys Soccer Final
Girls Soccer Final
Boys Basketball Regional
Girls Basketball Regional

Notre Dame Prep/Marist Academy

Boys Soccer Rainbow Classic Tournament
Boys Soccer NDP Invite
Girls Soccer NDP Invite

NEW SCHOOL RECORDS

NDP Girls Golf

Team 9 Hole Score	Kaitlyn McDonald Marisa Stroster Britt Gnewkowski Rebecca Barbaresso	193
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NDP Swimming and Diving

100 FLY	Kristin Howdysshell	1:00.94
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NDP Boys Lacrosse

Goals in a Season	Rob Healy	75
Points in a Season	Rob Healy	98

NDP Boys Track and Field

3200 Meter Relay	Brad Lorant Chris Burns Neil Dwivedi Mike Deibel	8:47.20
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NDP Girls Track and Field

3200 Meter Run	Liz Barron	11:33.05
Shot Put	Sarah Huston	32'8"
Discus	Lexie Kosik	98'6"

Marist Academy Girls Track and Field

400 Meter Dash	Sara Barron	1:05.79
800 Meter Run	Sara Barron	2:24.20
1600 Meter Run	Sara Barron	5:28.79

Marist Academy Boys Track and Field

High Jump	Ethan Woelke	5'2"
Long Jump	Ethan Woelke	15'11.75"
50 Meter Dash	Ethan Woelke	6.55
100 Meter Dash	Andrew Lauer	12.94
200 Meter Dash	Ethan Woelke	26.20
400 Meter Dash	Andrew Lauer	59.23
400 Meter Relay	Miguel Pedroche Andres Cornejo Demond Glover Matthew Carr	57.14
1600 Meter Relay	Matthew Carr Connor Garrity Ethan Woelke Andrew Lauer	4:12.00

NDP Volleyball

Kills (Best of 5 game match)	Molly Coldren	33
Kills (Season)	Molly Coldren	1027
Kills (Career)	Molly Coldren	2277
Aces (Season)	Molly Coldren	131
Blocks (Best of 5 game match)	Molly Coldren	10
Blocks (Season)	Molly Coldren	148
Assists (Season)	Brogan Wells	1235

**MICHIGAN HIGH SCHOOL ATHLETIC ASSOCIATION
VOLLEYBALL RECORD BOOK****Kills (Best of 5 game match, minimum 29)**

Molly Coldren	33	10/11/07
Molly Coldren	33	10/22/07
Molly Coldren	31	9/25/07

Kills (Season, minimum 525)

Molly Coldren	1027	2 nd all time
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Kills (Career, minimum 1400)

Molly Coldren	2277	6 th all time
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Aces (Season, minimum 110)

Molly Coldren	131	26 th all time
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Blocks (Best of 5 game match, minimum 10)

Molly Coldren	10	10/11/07
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Assists (Season, minimum 1200)

Brogan Wells	1235	22 nd all time
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